



**2026  
NHRC**

**NATIONAL  
HEALTH RESEARCH  
CONFERENCE**

**BUILDING A HEALTHIER NATION  
THROUGH INNOVATION, RESEARCH AND COLLABORATION**

**NOVEMBER 17<sup>th</sup> 2026**

**Call for Abstracts**

**DEADLINE: JUNE 30, 2026**

## **ABOUT THE CONFERENCE**

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The Ministry of Health; Tobago House of Assembly; Faculty of Medical Sciences, The University of the West Indies; The University of Trinidad and Tobago; The University of the Southern Caribbean; the Regional Health Authorities; and the Trinidad and Tobago National Nursing Association are collaborating to host the country's Seventh Annual **National Health Research Conference**.

The Theme for the 2026 Conference is

***“Building a Healthier Nation Through Innovation, Research and Collaboration”***.

**Abstracts consistent with the theme are encouraged, but we are pleased to accept Quality Abstracts in ALL HEALTH AREAS, including studies using quantitative, qualitative, and mixed methods.**

(e.g. Public Health, Environmental Health, Biomedical Research, Communicable and Non-Communicable Diseases, Nutrition, Health Economics, Social and Behavioural Health Sciences, etc.).

## ABSTRACT GUIDELINES

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The Abstract (from Objectives to Conclusions) must be no more than **300 WORDS** and must be formatted as follows: (See *Sample Abstract / Guide on Page 3*).

- a) **Title:** In bold type. Title case (as concise as possible). No abbreviations.
- b) **Authors:** Begin on a new line one space below title. Use italics. List first initial(s), and surname. Omit degrees/ titles.
- c) **Institutional Affiliations:** Begin on a new line below Authors. Use italics. List Department, Institution where work originated.
- d) **Email Address:** Include in the next line.
- e) **Text:** Arrange under the following sub-headings:
  - Objective:** Introduce the main aim of the study to the reader in clear language.
  - Methods:** Describe the exact design, data collection and analysis.
  - Results:** Present the salient findings of the research, with statistical support for quantitative data.
  - Conclusions:** State the conclusions derived from the findings of the study and not overarching ones. Limit to only those directly supported by the results. Be as clear and specific as possible about the "take home" messages.

## SUBMISSION

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Submit your Abstract in MS Word format at [www.healthresearchconferencett.com/call](http://www.healthresearchconferencett.com/call) by June 30, 2026.

**Note: The submission portal will open on May 11th, 2026.**

All submitted Abstracts must have received ethics approval from the relevant Internal Review Board or Research Ethics Committee.

Student Projects: Please ensure that your supervisor is identified as the corresponding author.

Receipt of submissions will be acknowledged. If you do not receive acknowledgement within three (3) days of submission, please contact:

The University of the Southern Caribbean  
Tel: 662-2241 ext. 1012/1055  
[researchconferencett@gmail.com](mailto:researchconferencett@gmail.com)

## PUBLICATION

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Selected abstracts will be published. Authors will be required to submit a transmittal letter that states that all authors have approved the publication of the abstract, edited if necessary. The email address and contact number of the corresponding author MUST be included.

## CONTACT INFORMATION

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If you need additional information or clarification, please contact us at:  
[researchconferencett@gmail.com](mailto:researchconferencett@gmail.com)  
Tel: 662-2241 ext. 1012/1055

## SAMPLE ABSTRACT

